

October 2009 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Milk Choices: 1% White Fat Free Chocolate</p>	<p><i>Menu Subject To Change Without Notice. This is an equal Opportunity Employer</i></p>			<p>1 <i>Meatballs/ Potatoes Brown Gravy/Salad/ Dressing/Carrot Sticks Bread/ Orange Smiles</i></p>	<p>2 <i>Ham Sandwich Nachos Salad/Dressing Carrot Sticks Frozen Juice Bar</i></p>	3
4	<p>5 <i>Chicken Pattie Potatoes/Gravy Salad/ Dressing Carrot Sticks Bread/ Watermelon</i></p>	<p>6 <i>Frito Pie Whole Kernel Corn Salad/Dressing Carrot Sticks Apple Wedges</i></p>	<p>7 <i>Hamburger Pizza Green Beans Salad/ Dressing Carrot Sticks Cantaloupe</i></p>	<p>8 <i>Soft Taco/Mexican Rice Refried Beans/Salad/ Dressing/Carrot Sticks Fruit Cup</i></p>	<p>9 <i>Hot Dog/ Bun Potato Wedge Baked Beans/Salad/ Dressing/Carrot Sticks Orange Smiles</i></p>	10
<p>11 National School Lunch Week</p>	<p>12 <i>Salisbury Steak Potatoes/Brown Gravy Salad/Dressing Carrot Sticks Cinnamon Coffeecake Watermelon</i></p>	<p>13 <i>Hamburger/Bun Fr. Fries Salad/ Dressing Carrot Sticks Orange Smiles</i></p>	<p>14 <i>Popcorn Chicken Potato Wedge Salad/Dressing Carrot Sticks Fruit bread Strawberry Jello</i></p>	<p>15 <i>Smokies/Tater tots Salad/ Dressing Carrot Sticks/ Fruit Cup Cereal Cup Fr. Toast Sticks/ Syrup</i></p>	<p>16 <i>Turkey Sub Potato Wedges Salad/ Dressing Carrot Sticks Apple Wedges</i></p>	17
18	<p>19 <i>Spaghetti/Meat Sauce Whole Kernel Corn Salad/Dressing Carrot Sticks Bread Sticks Apple Wedges</i></p>	<p>20 <i>Fr. Dip Sandwich (Au jus/Cheese Sauce) Beef Flavored Rice Salad/ Dressing Carrot Sticks Orange Smiles</i></p>	<p>21 <i>Chicken Enchilada Chicken Flavored Rice Refried Beans Salad/ Dressing Carrot Sticks Watermelon</i></p>	<p>22 <u>Birthday Dinner</u> <i>Steak fingers/Potatoes Brown Gravy/Peas Salad/Dressing Dinner Roll/Peaches Birthday Cake</i></p>	<p>23 <i>Cheese Pizza Yogurt/Green Beans Fresh Veggies/Dip Salad/ Dressing Grapes</i></p>	24
<p>25 Red Ribbon Week “No” to Drugs “Yes” to Healthy Foods</p>	<p>26 <i>Chicken Nuggets Potatoes/Gravy/Bread Salad/Dressing Carrot Sticks/Watermelon</i></p>	<p>27 <i>Grilled Cheese Yogurt/Potato Smiles Salad/Dressing Carrot Sticks Apple Wedges</i></p>	<p>28 Menu by 6A <i>Beef Nachos/Potato Wedges/Fresh Veggies/ Dip/Salad/Dressing Fresh Fruit/FunnelCake Frozen Juice Bar</i></p>	<p>29 <i>Taco Salad Whole Kernel Corn Carrot Sticks Fruit</i></p>	<p>30 NO SCHOOL</p>	31