

Milk Choices: Menu Subject to
 1% White Change Without
 Fat Free Chocolate Notice. This is an
 Equal Opportunity
 Employer

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Menu by KB Chicken Nuggets/Sauces Fr. Fries/ Salad/Dressing Cucumber Slices Blueberry Bread Apple Wedges	3 Hot Dog/Bun Potatoes Baked Beans Salad/Dressing Carrot Sticks Pineapple	4 Chicken/ Noodles Potatoes/Gravy Salad/Dressing Carrot Sticks Fruit Cup Pumpkin Bread	5 Frito Pie Whole Kernel Corn Salad/Dressing Carrot Sticks Orange Jello	6 Hamburger Pizza Green Beans Salad/ Dressing Carrot Sticks Orange Smiles	7
8	9 Smokies/ Tater Tots Fr. Toast Sticks/ Syrup Salad/ Dressing/Fruit Cup Carrot Sticks/Cereal Cup	10 Ham Sandwich Nachos Salad/ Dressing Fr. Veggies/ Dip Apple Wedges	11 Veterans Day Taco Salad Whole Kernel Corn Carrot Sticks Patriotic Jello	<i>12 Birthday Dinner</i> Chicken Pattie/Peas Potatoes/White Gravy Salad/Dressing/Pears Cinnamon Roll Birthday Cake	13 <i>NO SCHOOL</i>	14
National Geography Week Meals by Class 5A	16 Mexico Soft Taco/Mexican Rice Whole Kernel Corn Salad/Dressing Carrot Sticks Grapes Brownie Apple Juice	17 Italy Cheese Pizza Yogurt Green Beans Salad/Dressing Grapes Carrot Sticks Pudding Choice	18 France Fr. Dip Sandwich (Au jus or cheese Sauce) Potato Wedges Salad/Dressing Carrot Sticks Fruit Cup Cinnamon Coffeecake	19 America Thanksgiving Sliced Turkey Breast Potatoes/Gravy/Dressing Green Beans Salad/Dressing Dinner Roll Pumpkin Tart	20 Germany Meat Balls Fr. Veggies/Dip Salad/Dressing Soft Pretzel Cheese Sauce Lime Jello Orange Sherbert	21
22	23 Menu by 2B Chicken Drummys Sauces/ Fr. Fries Green Beans/Salad/ Dressing/Carrot Sticks Blueberry Bread Grapes	24 Spaghetti Meat Sauce Whole Kernel Corn Salad/ Dressing Carrot Sticks Bread Fruit	25 Thanksgiving Vacation	26 The Auditor from KSDE recently completed her Audit of our program. A copy is available in the School office for review.	27 The Nutrition Staff Is "Thankful" to be part of Holy Family. "Thankful" for the <u>helping hands</u> of our Volunteers.	28
29	30					