

February 2010 Holy Family Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>1</i></p> <p>Chicken Strips/Sauces Potatoes/Gravy Salad/Dressing Carrot sticks Cinnamon Roll Fruit Cup</p>	<p><i>2</i> <u>Menu by 3B</u></p> <p>Beef Nachos Whole Kernel Corn Salad/Dressing Carrot Sticks Frozen Juice Bar Cinnamon Coffeecake</p>	<p><i>3</i> Lunch @ TMP</p> <p>Chicken Pattie/ Bun Potato Wedge/Corn Salad/ Dressing Apple Cookie</p>	<p><i>4</i></p> <p>Frito Pie Green Beans Salad/Dressing Carrot Sticks Pineapple</p>	<p><i>5</i></p> <p>Chicken Fajita Chicken Flavored Rice Refried Beans Salad/Dressing Carrot Sticks Orange Smiles</p>	<p><i>6</i></p>
<p><i>7</i></p>	<p><i>8</i></p> <p>Turkey Sub Chicken/ Noodle Soup Crackers Fr. Veggies/ Dip Salad/Dressing Kiwi</p>	<p><i>9</i></p> <p>Cheeseburger Casserole Green Beans Salad/Dressing Carrot Sticks Blueberry Bread Apple Wedges</p>	<p><i>10</i></p> <p>Taco Salad Whole Kernel Corn Carrot Sticks Fruit</p>	<p><i>11</i> <i>July Birthday</i></p> <p>Steak Fingers Potatoes/Brown Gravy Peas/ Salad/ Dressing Dinner Roll/ Peaches Birthday Cake</p>	<p><i>12</i></p> <p><i>No School</i></p>	<p><i>13</i></p>
<p><i>14</i></p>	<p><i>15</i></p> <p><i>No School</i></p>	<p><i>16</i></p> <p>Chicken Nuggets/ Sauces/ Potatoes/Gravy Salad/Dressing Carrot Sticks Bread Mandarin Oranges</p>	<p><i>17</i> <i>Ash Wednesday</i></p> <p>Cheesy Breadsticks Sauce/Tater Tots Green Beans Salad/Dressing Carrot Sticks Apple Wedges</p>	<p><i>18</i></p> <p>Biscuit/ Sausage Plain Gravy/Yogurt Potatoes Salad/Dressing Carrot Sticks Fruit Cup</p>	<p><i>19</i></p> <p>Cheese Pizza Yogurt/Green Beans Salad/ Dressing Carrot Sticks Apple Sauce</p>	<p><i>20</i></p>
<p><i>21</i></p>	<p><i>22</i> Salisbury Steak Potatoes/ Brown Gravy Salad/ Dressing Carrot Sticks/ Bread Orange Smiles</p>	<p><i>23</i></p> <p>Corn Dog/Fr. Fries Baked Beans Salad/Dressing Carrot Sticks Pineapple</p>	<p><i>24</i> Smokies Macaroni/Cheese Salad/Dressing Carrot Sticks Bread Fruit Cup</p>	<p><i>25</i> February Birthday</p> <p>Chicken Pattie Potatoes/White Gravy Peas/Salad/Dressing Dinner Roll Strawberry Jello Birthday Cake</p>	<p><i>26</i></p> <p>Grilled Cheese Yogurt/Tomato Soup Crackers/Fr. Veggies Dip/Salad/Dressing Apple Wedges</p>	<p><i>27</i></p>
<p><i>28</i></p>	<p><i>Holy Family Nutrition Services 1800 Milner St. Hays, Ks. 67601</i></p>	<p><i>Menu Subject to Change without Notice This is an Equal Opportunity Employer</i></p>	<p>Milk Choices: 1% White Fat Free Chocolate</p>			