

# March 2010

## Holy Family Elementary Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken Fajita Chicken Flavored Rice Refried Beans Salad/Dressing Carrot Sticks Apple Wedges	2 Turkey Sub Chicken/Noodle Soup Crackers Apple Sauce Fr. Veggies/Dip Salad/Dressing	3 <b>Menu by 4B</b> Taco Salad Whole Kernel Corn Carrot Sticks Frozen Juice Bar Funnel Cake	4 Meatballs Potatoes/Brown Gravy Salad/Dressing Carrot Sticks Bread Pineapple	5 Cheesy Bread Sticks Sauce/Tater Tots Green Beans Salad/Dressing Carrot Sticks Orange Smiles	6
7	8 <b>Pancake Man Here</b> Pancakes/ Syrup Sausage Potato Wedge Fruit Cup Apple Juice	9 Hot Dog/Bun Potatoes Baked Beans Salad/Dressing Carrot Sticks Apple Wedges	10 <b>Menu by 4C</b> Beef Nachos Whole Kernel Corn Salad/Dressing Carrot Sticks Frozen Juice Bar Funnel Cake	11 Chicken Nuggets Potatoes/ Gravy Salad/ Dressing Carrot Sticks Bread Orange Smiles	12 Cheese Pizza Yogurt Green Beans Salad/ Dressing Carrot Sticks Fruit	13
14	15	16	17 <b>SPRING BREAK</b>	18	19	20
21	22 <b>Menu by 3A</b> Fiestada Pizza Whole Kernel Corn Salad/ Dressing Carrot Sticks Funnel Cake Frozen Juice Bar	23 Smokies Potato Wedge Fr. Toast Sticks/Syrup Fruit Cup Salad/ Dressing Carrot Sticks	24 Italian Dunkers Green Beans Salad/ Dressing Carrot Sticks Apple Wedges	25 <b>March Birthday</b> Chicken Drummies Potatoes/Gravy/Peas Salad/ Dressing Dinner Roll/ Peaches Birthday Cake	26 Grilled Cheese Yogurt/Tomato Soup Crackers Salad/ Dressing Carrot Sticks Apple Sauce	27
28	29 Steak fingers Potatoes/Brown Gravy Salad/ Dressing Carrot Sticks/Bread Orange Smiles	30 Frito Pie Whole Kernel Corn Salad/ Dressing Carrot Sticks Apple Wedges	31 Fr. Dip Sandwich (Au jus/Cheese Sauce) Beef Flavored Rice Salad/ Dressing/ Fruit Carrot Sticks	<b>Holy Family Nutrition Services 1800 Milner St. Hays, Ks. 67601</b>	Menu Subject to Changes without Notice This is an Equal Opportunity Employer	<b>Milk Choices 1% White Fat Free Chocolate</b>